How do you improve resuscitation training?

Mastery learning and deliberate practice	Practice until learners demonstrate mastery of skills
Spaced practice	Shorter, more frequent learning sessions
Contextual learning	Use of "real world" training experiences recognized by learners
Feedback and debriefing	Providing structured opportunities for reflection and feedback
Assessment	Measuring competency throughout a course with a variety of tools
Innovative educational strategies	Exploration of gamification, social and digital platforms to make learning "stick"
Faculty development	Continuous coaching and training of instructors
Knowledge translation and implementation	Localize programs to fit learners' needs

Source: Resuscitation Education Science: Educational Strategies to Improve Outcomes From Cardiac Arrest (Circulation, June 21, 2018) www.heart.org/EducationStatement



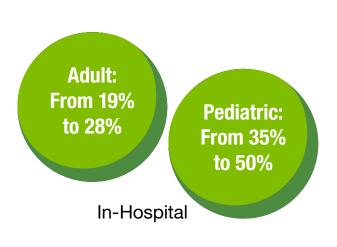
Resuscitation Education Science: Educational Strategies to Improve Outcomes From Cardiac Arrest

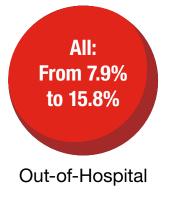
(Circulation, June 21, 2018, www.heart.org/EducationStatement)

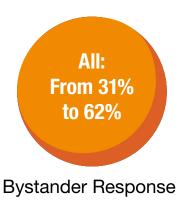
"If all training programs and resuscitation instructors implement the guidance from this statement, it will improve performance and increase survival from cardiac arrest."— Adam Cheng, M.D., Chair, AHA Scientific Statement Development Committee

Moving the Needle on Cardiac Arrest Survival Rates

(American Heart Association 2020 Impact Goals)







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Statistics above are referenced from the Resuscitation Outcomes Consortium (ROC) and the Cardiac Arrest Registry to Enhance Survival (CARES). ROC data is sourced from the United States and Canada. CARES data is sourced from the United States.

